

# Helicobacter Pylori Breath Test

## INSTRUCTIONS

You must fast for a minimum of four (4) hours prior to the test. This includes both food and water.

With permission from your doctor, prior to the test you should avoid:

- Antibiotics & Bismuth preparations for **30 days** prior to the test
- Sucralfate two **(2) weeks** prior to the test
- Proton Pump Inhibitors eg. Zoton, Losec or Nexium one **(1) week** prior to the test
- Ulcer medication eg. Tagamet or Zantac six **(6) hours** prior to the test

## NOTES

Please note this test takes approximately 20 minutes and must be booked in the morning or afternoon.

Please be advised you must be able to swallow a capsule to have this test completed.

For any further information or questions please don't hesitate to contact our Client Services team on **(08) 8366 2000**

**Please remember to bring your pathology request form with you on the day of the appointment.**