

# Bone Marrow Biopsy

## Patient Instructions

### CARE OF THE WOUND & DRESSING

- You will have a small cut in the skin (½ cm long), which has been covered with a dressing.
- You may shower 24 hours following the procedure; remove all the dressings before showering.
- Apply a fresh band-aid over the wound after every shower for the following three (3) days.
- Some discomfort may be felt for a few days after the procedure. Paracetamol may be taken to relieve any discomfort if necessary.
- Avoid exercise and strenuous activity for **one week** after the procedure.
- If bleeding occurs, simply apply firm pressure to the dressing with a rolled up towel for 30 minutes.
- If you have any concerns regarding the wound, call Dr Speedy on 8366 2087, or 0410 221 490.